



SOLIHULL

ANTENATAL CLASSES

AT GREEN ARK EMERGING FAMILY HUB AND MANOR STREET CHILDREN'S CENTRE



The Solihull Antenatal group is a 4 week programme for expectant parents and their families, providing parents-to-be with lots of information about pregnancy, labour and caring for their baby.

This course is recommended for mothers who are between 24-38 weeks pregnant and their partner/supporter.

Topics and talking points include:

TALKING TO YOUR BUMP

EXPLORING YOUR FEELINGS DURING PREGNANCY

HEALTH AND WELLBEING DURING PREGNANCY

YOUR RELATIONSHIPS AND SUPPORT NETWORKS



NEXT COURSE STARTING 13TH JUNE AT MANOR STREET CHILDREN'S CENTRE

TO BOOK A PLACE OR FOR MORE INFORMATION CONTACT US



07855184758



MANOR STREET AND GREEN ARK CHILDREN'S CENTRES/EMERGING FAMILY HUBS

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH