

“Shared Lives is all about helping someone to achieve something they may not have been able to without a helping hand.”

*A Shared Lives Carer*



“It’s amazing, I love living with my SLSW Carer. She has helped me in every way. It’s so lucky I got to live with her as it’s changed my life in so many good ways.”

*A person who uses Shared Lives services*



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Shared Lives South West  
is a registered charity,  
number 1104699.  
Registered in England and  
Wales, number 5025213

# What is Shared Lives South West





## Who are we?



We are an organisation that can help you find somewhere to live.

Our Shared Lives Carers will welcome you to join in with their family life in their own homes.



## Ways we can support you

### Long term

You can choose to live with a Shared Lives Carer and their family.

The house would become your home.



### Enjoy a break

You might stay for a weekend or a few days as a break from where you live.



### Day time support

You can go and spend the day with one of our Shared Lives families.



## How will we help you?



Shared Lives South West will help you find the right support and SLSW Carer.

### We will:

- Help you meet a family and let you try it out so you can decide if Shared Lives is right for you.
- Help you achieve your goals and live life to the full.
- Help you manage your money to make sure you can afford it.
- Visit you and your Shared Lives carer to make sure you are ok.

**We want everyone who lives in Shared Lives to live life how they want, to be as independent as possible and to do the things you want to do**

## What is it like?



● You will have your own bedroom and share the rest of the home with the family.



● You will be able to be part of the community and join in activities where you live

● You can make new friends and be supported to keep in touch with the people who are important to you.



● You can learn skills like cooking, cleaning, laundry and managing your money. This might help you to be more independent in the future.



All our carers have been checked out by us to make sure they're good at their job.