

Morice Town Family Hub

MONDAY

BUSY BEES 10.00 – 11.30

A fun and varied parent and toddler group for the under 5's with creative crafts and play activities to encourage your child's imagination



TUESDAY

SOLIHULL ANTENATAL 10.00 – 12.00

A 5-week journey to parenthood offering support and information on pregnancy, labour and caring for your baby.

Book on directly with Eventbrite or contact Morice Town Family Hub.

BUTTERFLIES 2.00 – 3.00

A safe environment to meet other parents while your child enjoys new experiences. Suitable for walking children under 5

WEDNESDAY

BUTTERFLIES 10.30 – 11.30

A safe environment to meet other parents while your child enjoys new experiences. Suitable for walking children under 5



Our Autumn Programme starts from Monday the 9th of September 2024!

THURSDAY

CATERPILLARS 10.00 – 11.00

A fun group for babies and young children 0 to pre walker/not yet walking confidently with nursery rhymes and activities to help develop your baby's senses.

Booking Essential

CHATTERBOX 1.30 – 3.00

Stay and play session with themed health topics. Health Visitors on hand to assist with baby weighing, advice on feeding, diet, potty training, behaviour and parenting. Breastfeeding support available.

FRIDAY

LADYBIRDS 10.00 – 11.30

A fun and varied parent and toddler group for the under 5's with creative crafts and play activities to encourage your child's imagination

All our activities are free with no need to book except for **all training, antenatal courses** and **Caterpillars** which are also free but will need to be booked. Limited spaces may be available on the day for Caterpillars, so please call 01752 208660 on the morning of the session to enquire

Up and Coming Activities

First Aid Awareness Workshop

Tuesday 24th September 2024 9.30 – 11.30

Focusing on infants and children, this session will give you the skills to deal with a range of medical emergencies, including choking, burns and CPR. No creche facility but children under 1 years can attend with you.

SOLIHULL PARENTING COURSE

Starting Wednesday 11th September 2024 12.30 – 2.30

10-week parenting course to help you learn more about your child's development and gain better understanding around their behaviour. This course is aimed at families with young children and will focus on building positive and supportive relationships.

Limited creche available for children over 1 years old.

All the above activities will need to be booked, please contact Morice Town Family Hub



Healthy Start Vitamins - Bring your proof of entitlement to Morice Town Family Hub where we can provide you with free Healthy Start vitamins. To apply for Healthy Start vitamins visit

<https://services.nhsbsa.nhs.uk/apply-for-healthy-start/>

ME2 Funding – If you have a two-year-old you may be entitled to up to 15 hours free childcare a week, we can support you with your application

Me2funding

For further enquiries contact

Morice Town Family Hub
Charlotte Street
Morice Town
Plymouth
PL2 1RJ

Tel: 01752 208660

Email: admin-mt@larkcluster.co.uk

